



THE HONEY BEE

NEWS AT HERITAGE HOUSE

OCTOBER 2025

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HAPPY HALLOWEEN!

happenings

Hello family and friends,

I hope everyone is enjoying the beginning of fall. Here at the House, we continue adjusting to the changes in our activities department. **It has been nearly two months since we lost our beloved Edgar, and there isn't a day that goes by that his name does not come up.** It has been a very bittersweet transition, full of mixed emotions. Sometimes we cry in silence thinking how much he is missing, and sometimes we laugh out loud at all the fun memories we created together. Although Edgar is no longer with us here on this earth, he continues to be present in spirit and is looking at us from up above.

I am sure he is very proud of all the wonderful things our activity department is doing, although they are not perfect, we will continue to improve so we can enhance the experience for our residents like he always did, with



precision and style. **Speaking of style, in his honor, we have started a new tradition, which is to wear a fedora on Bill's Grill Day Friday, called Fedora Friday.**

So, if you are ever in this neck of the woods on **Bills' Grill Day**, don't forget to stop by to say hello and wear

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happenings (cont. from front cover)

your fedora to remember Edgar's legacy.

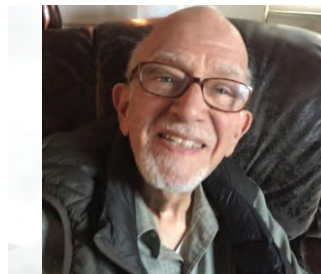


We Love You Edgar!!!!

Best,

Alejandra Nunez, Executive Director

A warm Heritage House welcome to our
new Resident, **Jean McNeil**



In loving memory of
Bob Cibull



In loving memory of
Roberta Eby



happenings

(cont. from page 2)

October Events/Announcements:

Bill's Grill:

Don't forget to join Bill's Grill this month on **October 17th at 5:00 PM.**
Please call Sara to RSVP.



HALLOWEEN CELEBRATIONS:

Come and join us on Friday, 10.31.25, starting at 3:00 PM,
followed by our 405 Happy Hour.

There will be face painting, refreshments, costume contest, and lots of fun.

It's a Halloween theme, so dress to impress is welcome.



resident article merlin call



Merlin Call was born in Long Beach and raised in Pasadena, California, where he lived for his first 90 years. He attended Stanford University and Stanford Law School, graduating prior to serving in the JAG Corp in Verdun, France during the Korean War. Upon return to the States, he worked as an attorney in Los Angeles for several decades and then in Pasadena. He has two children with his former wife: Chris (wife Lisa) and Lori, both of whom live in Santa Barbara; he also has two granddaughters. In addition to his work, Merlin was active in nonprofit organizations close to his heart and served on several boards, including churches he attended, Fuller Theological Seminary in



Pasadena, and Westmont College in Santa Barbara. He has also traveled the world while in the service, with his young family, and in connection with his work and the non-profits he served. He is an avid reader.

resident article merlin call

(cont. from page 4)



activity alley bella garfias, activities manager interim

Hello again,

As many of you know, I recently stepped into the role of Activities Manager after the passing of our beloved Activities Director. It's been a big change for all of us, and I feel honored to carry on his legacy while also bringing in some new ideas for our community. Over the past couple months, **I've been learning so much just by listening to residents, understanding what they enjoy, and finding out what they'd like to see more of. That feedback is what's been shaping the direction we're heading.**



I'd love to share a little bit about some of the new things we've been trying. **Poker has been a big hit for those who like a little friendly competition—lots of laughs and a bit of strategy at the table. Our**

crochet club, while small, has been such a nice way for folks to sit together, create, and just enjoy each other's company. It's proof that sometimes the smaller groups end up being the most meaningful.



We've also been taking a closer look at our regular staples, making sure the activities we've always loved still

feel fresh and fun. At the same time, we're adding in more focused opportunities for people who want to be hands-on. **Right now, we're putting together an intimate art class for those who enjoy painting and getting creative. You might notice a little theme here. A lot of these activities are built around the hobbies residents have said they care about or have showed an interest in before they came to Heritage House.**

Behind the scenes, I've been meeting weekly with our activities group. These meetings are where we toss around ideas, talk through what's working, and think about what new things we can bring to the calendar. It's been really encouraging to see how much energy and excitement everyone brings to the table. We all want to make this program the best it can be for your loved ones.

This is just the start, and I'm really excited about what's ahead. **Again, thank you for your patience as we find our rhythm and keep improving together.**

Thank you all,

Bella Garfias, Activities Manager Interim

october health news

sofia vasquez, cna, clinical director + tony warn, clinical care coordinator

September flew by in a flash! Football season kicked off, and I'm back in the swing of things with my bowling league. I also took my two oldest girls to Universal Studios' Halloween Horror Nights—we had a blast! The haunted houses (and especially the clowns) gave the girls a good scare, but we still had a great time.



Now, as we roll into October—one of our favorite times of year—we're getting excited for Halloween. We're big horror movie fans, so it's always a fun time for us. Still figuring

out what the kids want to dress up as this year, so I need to take them shopping for costumes.



We keep inching towards the end of the year 2025 is flying by too fast. Let us have a loving, healthy October and Happy Halloween everyone!



Thank you,

Tony Warn, Clinical Care Coordinator

business blog

sara hernandez, business manager



This past month activities and I created a new way to get together every Thursday for "Crocheting with Sara", a cozy weekly get-together filled with yarn, laughter, and good company. Whether you're a total beginner or a pro, you're welcome here — no pressure. We're all learning together, and that's half the fun!

Bring your favorite crochet project (or start a new one!), and we'll provide company and tea and cookies, or a refreshing drink if the weather's warm. It's the perfect midweek break to unwind and get creative.



We've had some great sessions already — check out the pics from our past meet-ups to see the progress and sweet moments.

On a personal note, it's been a festive time lately — had friends



and family in town for some birthday celebrations, and I even went wine tasting in Santa Ynez for

the first time.

I had so much fun and learned so much about the process of making all kinds of different wine. It was a amazing knowledge shared.



And now, I'm already getting into the spooky spirit — Halloween is just around the corner! Still waiting to see what costume my son decides on, but no matter what, I'm looking forward to all the yummy candy we'll be "helping" him eat (someone has to, right?).

Warmly,

Sara Hernandez, Business Manager

facility facts

ernesto guerrero, facilities and transp. manager

September seemed to disappear in the blink of an eye. Now October is here, and with it comes the unmistakable feeling that the holiday season is right around the corner. From Halloween to Thanksgiving and straight into Christmas (my favorite season of all), the pace of the year is about to pick up—and it's starting to feel like it.



One place I know I'll be returning to for my holiday shopping is the Irvine Spectrum Center. My wife and I recently spent an evening there, and it was the perfect reminder of why it's a favorite spot once the season kicks into gear.

We started with dinner at Javier's, one of our go-to restaurants. The food was excellent, the atmosphere vibrant yet comfortable, and it set the tone for the night. After some shopping around we caught a movie at the IMAX theater, where the larger-than-life screen and sound made for an incredible movie experience.

Of course, with October also comes the start of flu season. As the holidays bring more gatherings and time spent with family and friends, it's important to stay healthy. I'm grateful to work in a facility where vaccines are accessible for residents and for staff. I know how valuable that is in keeping not only myself, but also those around me, protected during the months ahead. Thank you and stay safe!

Thank you,

Ernesto Guerrero, Facilities & Transportation Manager



bill's grill

bill mcgeever

All righty, we'll start off with a piece of business. I have met with our bank, American Riviera Bank, regarding the process of being **able to use ACH debits as an additional means to pay resident monthly invoices.**

The woman who helped me is very knowledgeable and guaranteed me that she could teach the computer skills necessary to run the ACH debit process. I smiled and told her that she was taking on a serious challenge. She smiled back and told me that during COVID, over the phone, she successfully taught a 92-year-old man how to understand and functionally perform in the ACH system. I still haven't figured out if she was referring to the fact that this 92-year-old was better equipped than myself or that I should be ashamed if he can do it and I can't.....

All that being said, I will let you all know when we are up and running with ACH. **I am lucky in that I'll be on two road trips in October, but that will slow the process somewhat. Be patient and ACH will be an option this fall.**

Odin, Ernie and I will be putting the beverages and food out on **Friday, October 17th, beginning with the 4:05 Cocktail Hour followed by Bills Grill at 5:00. Here's what you can look forward to:**



Dry Rubbed & Grilled Turkey
Heart Stopping Mashed Potatoes
Grilled Green Beans
Sourdough Bread
Vincent Farm Apricot Tarts by Odin



Our grandkids both had their birthdays in September. **Shea turned one year old and Autumn turned 4. Both had parties where we were able to share in the fun. Happy Birthday!!!!!!**

See you all here soon, Bill



dining delights

odin macias, dining services manager

Hello everybody,

I want to tell you all about the trip I just took to **Cancun**. It was my first time there, and there is a lot to talk about, but I want to focus on two things, the **pyramids of Chichen-Itza** and the **celebrations for the Mexican Independence Day**. On September 15, the resort that we stayed at had a celebration with food, music and drinks from every single state from Mexico. I will be lying if I said that I did try every single dish, but honestly it was too much. Every single dish was delicious. **On a different day we took a tour to see the pyramids of Chichen-Itza and they were spectacular to look at.** I really recommend visiting this place that is part of the wonders of the world list. Unfortunately, we were a week too early to witness the shadow of the snake that happens during the equinox around September 22nd or 23rd.

Thank you,

Odin Macias, Dining Services Manager



happy halloween rosemarie harris, administrator emeritus

It feels like Halloween has come and gone and yet, we're still a month away.....Decorations at Costco and other retail companies had Halloween and fall items on display since early August and now, business is ramping up for Christmas almost everywhere you go. Time goes by quickly enough and those practices push time forward even more! Speaking of time going by quickly, I figured a brief update of how life has been for me in Texas was about due.

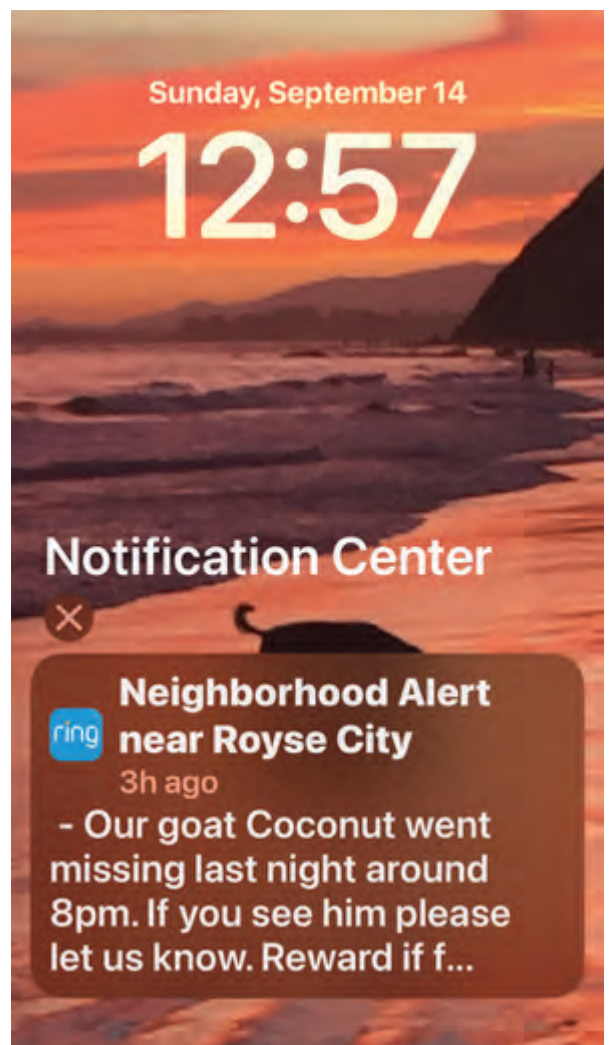
I continue to enjoy my visits at the skilled nursing facility as a volunteer Ombudsman, daily walks with Zeus once the sun has set, working out in the yard, spending time with the extended family and a trip planned to Las Vegas on the 18th of this month to visit Dominique and her family in their new home.

I had a pleasant visit with my brother, Michael from Pittsburgh last month. He never makes me feel like I need to plan something special or entertain him since there are no expectations except that he wants to enjoy time with his older sister. On the day we planned to visit the 4K Ranch where Carolyn Wiseman's family resides, the rain came down in buckets with flash flood warnings and unfortunately, we had to can-

cel. While Carolyn was moving to Heritage House, there were many trips made in her pale-yellow Mustang to bring small items to the apartment. A sporty Mustang wasn't the usual type of vehicle driven by a resident which is why it caught my attention and I was surprised to see how many things that she packed into that vehicle. I learned that her nephew, Kenny had it completely restored and shipped to Texas on the 4K Ranch. I'll have to check it out when I make that trip on my own soon.

I've included a photo with my baby brother.

Only in Texas.....Here's an alert that I received on my Ring Camera APP:



happy halloween rosemarie harris, administrator emeritus



Paola, Bella and Rocky moved back to Santa Barbara early last month to be closer to her family until Anthonee purchases a home for them early spring next year to return. It's hard to believe that they have been with me for almost 2 years. Now that Rocky's gone, Zeus has found another way to keep active in the backyard by chasing dragonflies. I miss Bella's sweet face and hearing the words "Where's BeeBa" That's Bella's translation for grandma!



Happy Hallowwen Y'all!

Warmly,

Rosemarie Harris, Administrator Emeritus

important dates

405 Cocktail Hour- Every Friday

Bill's Grill Oct. 17

October Birthdays

Residents

Angiel Delarosa	Oct. 2
Phyllis Sax	Oct. 3
Mary Ann Manning	Oct. 4
Thomas Buchanan	Oct. 6
Carol Jackson	Oct. 9
Martha Magee	Oct. 9
Sereta Robinson	Oct. 10
Karen Dillon	Oct. 13
Robert Yaris	Oct. 16
Harriet Ackert	Oct. 27

Employees

Sofia Vasquez	Oct. 3
Francisco Cruz	Oct. 4
Patrice Gaetano	Oct. 17
Yolanda Cardenas	Oct. 21
Elodia Martinez	Oct. 22
Kristal Duarte	Oct. 28

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